

## TIME & COMMITMENT



### TRAINING

- \* 2 day outdoor first aid course (current first aid) or 3 mandatory courses. Each held over a full weekend;
- \* Monthly Group Training, Thursday evenings;
- \* One Regional Training weekend per year SAREX;
- \* Annual River Safety training day

**Fitness, you are expected to maintain tramping fitness.**

### OPERATIONS

There are generally 1 - 2 call outs per month, but it varies.

There is an expectation that you have arranged with your employer that you can attend around 50% of weekday callouts per year.

**Please have this discussion before applying to join us**

### ADDITIONAL EVENTS

- \* Group Annual General Meeting
- \* Two - Three fundraising or PR events per year.

These are optional, but we always get a warm welcome from the public so they are fun to do.

## REASONABLE EXPECTATIONS

New members aren't expected to attend all of this.

The minimum requirement is 50% of training and 50% of operations once you are qualified to be involved. Most new members hit about 75% of training.

The training is provided by our members or arranged by the national office. Costs of the course are often paid, or reimbursed by the group. There are exceptions to this.

The Resources Section has suggestions for fitness and local area knowledge

**DON'T HAVE THE  
TIME TO COMMIT  
AT THE MOMENT?**

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